



AB ARIC
BOSTICK

Dynamic Speaker and Best Selling Author

**GET
FIRED
UP!**

www.aricbostick.com



FIRED UP!

The top companies in the world already know that happier employees can literally transform the culture and climate of the workplace. But did you know that happier employees actually are 50% more productive—translating to greater efficiency and a healthier bottom line?

But it is not easy to always be happy and fulfilled with our lives and our work. At times we just need to be realigned with our purpose and reconnected with our team, rejuvenated mentally and physically and refocus on our personal and professional mission we have. In other words we need to get **FIRED UP** again!

In this presentation, the following questions will be posed:

- What specifically needs to change for you to become happier and help your team members to be happier?
- What gets you and your team FIRED UP?
- What would it take for you, or any of your team members, to become proactive and start instigating positive change and growth both personally and professionally?

I will help you answer these questions in a fun, engaging, and interactive way. I will help you discover just how easy leaders can help the people they lead become more empowered, self motivated and even take on more responsibility and do the same for themselves. I will also show how to build loyal and more connected relationships with your team members with simple strategies that all people can do regardless of personality or temperament.

What You Can Expect:

This message will be filled with positivity and reality. My presentation is interactive, engaging, inspirational, and packed with practical and researched based content to get you and your team working with more energy and greater enthusiasm. This message is straightforward.

I believe work is not always easy, you don't always get what you want, working with others is challenging and takes understanding. My experience is that our honest authentic selves are enough to do the job with excellence and if we are willing to work on ourselves and learn to understand others we can make a huge difference in our workplace and in our world.

This program will be fully customized to meet your businesses specific needs.

FIRED UP Principles:

- **Fuel** - Remember WHY you do what you do
- **Inventory** - Take stock of what is working and what needs improvement.
- **Reframe** - Turn setbacks into opportunities and how to change the way you see things
- **Energize** - Health and Wellness strategies for even the most overwhelmed employee
- **Declare** - Goal Setting for advancement and improved customer service
- **Understand** - How to connect with the people you lead and work for
- **Present** - Being in the moment and presenting your best you, inside and out everyday

FIRED UP for Success Learning Objectives:

- Learn how to create a personal mission statement and reconnect to your purpose.
- Ability to do a quick self-assessment of areas of improvement for yourself, your team and organization as a whole.
- Learn Goal Setting and Time Management Strategies to maintain work life balance as well as performance, productivity and profits.
- Implement Recognition and Rewards Techniques that are little to no cost that keep team members and your customers FIRED UP about your organization and its services

After this session, your team members will be able to take-away and apply specific techniques and practices in the following areas:

- Employee Engagement
- Customer Service/Loyalty
- Recognition/Rewards
- Motivation
- Leadership
- Communication
- Work/Life Balance